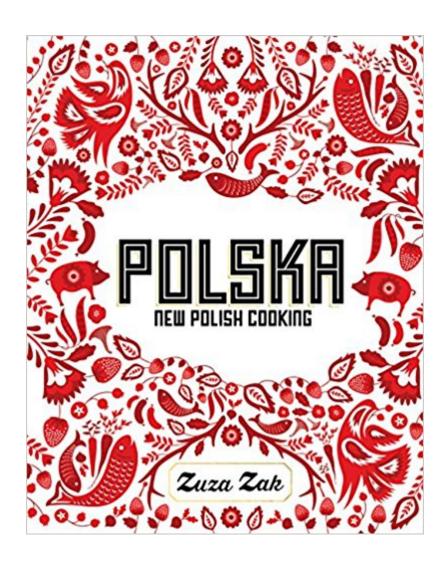


## The book was found

# **Polska: New Polish Cooking**





## **Synopsis**

This is a fresh new take on Polish cooking from young food writer Zuza Zak. The food of Poland has long been overlooked, but the time is right for a reinvention, with an estimated 10 million people of Polish descent living in the US. Zuza presents her contemporary take on Polish cuisine, with lavishly photographed recipes for snacks, party foods, soups, preserves, breads, fish, meat and poultry, salads, and desserts. She places Polish food within the context of the country's history and geography, and tracks how it has developed and adapted to Poland's ever-changing political and economic situation. Polska is a breath of fresh air.

### **Book Information**

Hardcover: 256 pages

Publisher: Quadrille Publishing (September 6, 2016)

Language: English

ISBN-10: 1849497265

ISBN-13: 978-1849497268

Product Dimensions: 7.8 x 1.2 x 10.1 inches

Shipping Weight: 2.4 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 7 customer reviews

Best Sellers Rank: #405,515 in Books (See Top 100 in Books) #23 in Books > Cookbooks, Food

& Wine > Regional & International > European > Polish

## **Customer Reviews**

Zuza Zak grew up in Poland and spent her childhood cooking traditional recipes with her mother in her kitchen, and foraging for seasonal produce with her grandmother in the surrounding Polish countryside. The recipes in her book have all been passed down by word of mouth from mother to daughter. Zuza now lives in London and is a young food writer and producer for TV's Food Network in the UK.

#### Great recipe variety!

I always look for new Polish cookbooks. I feel there are only few good ones out there. This one definey falls in the "I like it a lot" category. There is a bit of historical, geographical and cultural background given to the food and recipes in the book. There is a combination of traditional colorful peasant food and updated, more contemporary dishes. There might be not necessarily familiar

ingredients used in some recipes, but they can be easily found in most grocery stores. The recipes are divided into chapters - Breakfast and Bread, Soups, Meat, Vegetables, Beans and Kaska, Dumplings, Party Food, Cakes and Desserts and Cocktails. Added bonus - throughout the book the food is beautifully photographed. The book made me feel a bit nostalgic, brought back memories of dishes I have forgotten and made me want to cook some Polish food. Highly recommend this book.

Missing some key recipes like all the great salads I have had over the years. Not that inspiring. I do not see myself referring back to this book a lot

I bought this book for my son for his birthday. He is very happy with easy recipes and beautiful pictures.

This book is very elegantly put together. Even the covers are intricate and embossed. The color photographs are beautiful and illustrative, and the brief historical introductions are informative. The recipes are clear and easy to follow, and, unlike many Polish cookbooks, the recipes include animals (e.g.,chickens, fish) that are easily obtainable in the modern world (although quail eggs, venison, and wild boar make an appearance here). The soups are very different from those encountered in other European cookbooks. The only problem, and it's a minor one, is that the terminology is British--e.g, "rashers" versus the American "slices of bacon."

#### Beautiful

The nasty, completely gratuitous anti-communist and anti-Russian stuff is a real disappointment. In a COOKBOOK? Really? A missed opportunity.

#### Download to continue reading...

Polish: Learn Polish Bundle 2-1 (Polish: Learn Polish in a Week! &Polish: 95 Most Common Phrases & 1000 Most Common Words): Polish Language for Beginners (Learn Polish, Polish, Polish, Polish Learning) Polish: Learn Polish in a Week! Start Speaking Basic Polish in Less Than 24 Hours: The Ultimate Crash Course for Polish Language Beginners (Learn Polish, Polish, Polish Learning) Polish Recipes: 50 of The Best Polish Recipes from a Real Polish Grandma: Authentic Polish Food All In a Comprehensive Polish Cookbook (Polish Cookbook, Polish Recipes, Pierogi Recipes) Polska: New Polish Cooking Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern

Cooking Recipes - Southern Cooking Cookbook Recipes The Ultimate Polish Cookbook - Cook Up Delicious Polish Recipes: Making Polish Bread Recipes Passed Down Generations Chrzescijanstwo po Prostu (audiobook CD) (Polska wersja jezykowa) Polish Food Delights: 30 Unique Polish Food Ideas The Exotic Polish Food Cookbook: The Beginner's Guide to Authentic Polish Cuisine Polish Desserts! Polish Cookie, Pastry and Cake Recipes (Easy Ethnic Dishes Book 4) Rye bread, How to make Polish bread. Polish Specialties Polish Desserts: Polish Cookie, Pastry and Cake Recipes My Homemade Polish Recipes (English and Polish Edition) Kathy Gary's Polish Recipes: Complete Set of Kathy's Polish Recipe Books Testaments: Two Novellas of Emigration and Exile (Polish and Polish American Studies) Conversational Polish Quick and Easy: The Most Innovative Technique to Learn the Polish Language for Beginners, Intermediate, and Advanced Speakers. Travel Talk: Polish (Travel Talk) (Polish Edition) Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One! (Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy snacks, deserts) Cooking for Two: 365 Days of Fast, Easy, Delicious Recipes for Busy People (Cooking for Two Cookbook, Slow Cooking for Two, Cooking for 2 Recipes) New England Style Cooking: Authentic Recipes from Connecticut, Maine, Boston, and Vermont (New England Cookbook, New England Recipes, New England Cooking, Boston Recipes, Boston Cookbook Book 1)

Contact Us

DMCA

Privacy

FAQ & Help